

Verbs

Often in adventure stories, there is an action or chase scene. Verbs are really important in all sentences but especially when trying to write action as they are the engines of our sentences - they drive them forwards.

Can you underline the verbs in the paragraphs below?

Without hesitation, Pete dropped a small green capsule which filled the boat with a fine green mist. At the same time, Polly ran towards the table where the men sat, grabbed the mirror, flung it into her rucksack and then they both sprinted back up onto the deck.

Suddenly, coming from the cabin, they heard the unmistakable sound of fast-paced, heavy footsteps and loud angry voices.

"Quick!" Shouted Polly and on that command, they fled. They didn't look back. They didn't stumble. They were trained for moments like this. Fast, focused and determined they continued sprinting until eventually the angry footsteps and loud shouting faded.

Some verbs are used too often. When they're used too often it can make your writing boring! Can you come up with 10 different verbs for these words?

run	said	look
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