



# ICE CAVE BALLOONS

Put some food colouring, paint or liquid water colour into a balloon.

Fill it up with water and tie it.

Put it in the freezer.

**IMPORTANT...**  
You **DON'T** want it to freeze solid so about 4-6 hours should do (you can feel how frozen it is through the balloon).

When some bits feel hard and others still mushy, cut the tied end off the balloon (over the sink or a bowl!).

Tip out the excess water.

Peel the rest of the balloon off your cave and explore!