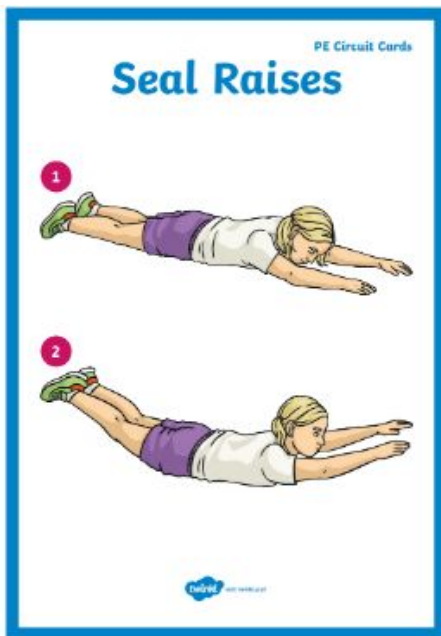


Dice Throw 1 Minute PE Challenge:

- Roll a dice (or tell Siri/ Alexa to “roll a dice” if you don’t have one)
- Follow that challenge for 1 minute.
- Write down how you did
- Try challenging a family member to a competition or compete against yourself to beat your score.

1



2

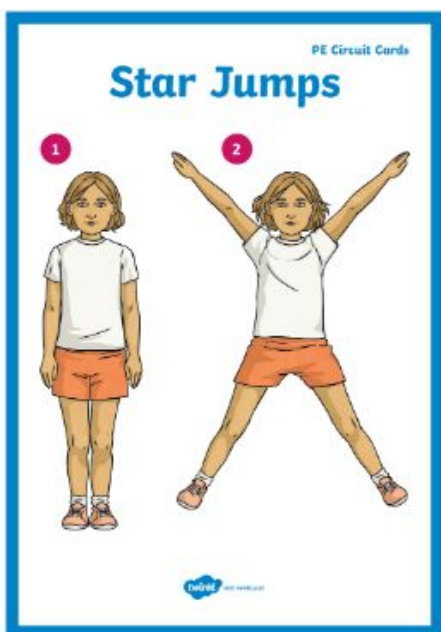


3

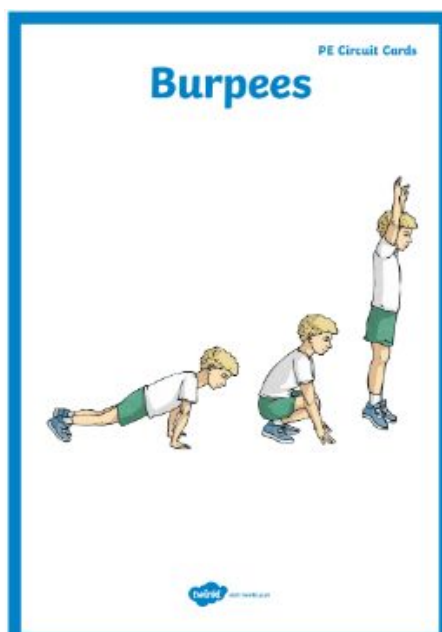


Use your sofa instead of a bench!

4



5



6

