

Dear all,

Please continue to see the daily slides and activities uploaded to the school website as a guideline which you may wish to follow. However, we are aware everyone's situation is different and therefore can only ask you to do what you can. If you have any questions about the learning, please email year1@whyteleafeschool.org Also, please let us know how you are getting on with the virtual learning so that we can adapt or support our planning, where needed.

Take care and keep safe,
Miss Newey, Mrs Kenning and Mrs Moses

Useful information

- Teach your monster to read is a phonics app which is currently free to download. This can be used on the app or the website. Each child has been given a login for this in the back of their home/school contact book. Please use this new login as we are then able to remotely track their progress.
- Phonics play - <https://www.phonicsplay.co.uk/>
- Numbots is an online maths resource where children can practise number skills. Each child has their own username and password in the back of their contact book. It is the same username and password for Times Tables Rockstars.
<https://play.numbots.com/#/account/school-login-type>
- Twinkl offer so many fantastic free resources. Offer Code: UKTWINKLHELPS
<https://www.twinkl.co.uk/offer> We will guide you towards the best resources.

Staying fit at home

In government guidelines, children should be doing an hour of physical activity each day. Here are some ways that you can stay fit with physical activity at home.

- PE with Joe Wicks - 30 minute workshop 9:00-9:30 Monday-Friday
You could record this in an exercise log <https://www.twinkl.co.uk/resource/joe-wicks-exercise-log-t-pe-277>

- Boom Arts Academy are going live bringing dance into homes via you tube every weekday at 10am.
https://www.youtube.com/channel/UCXQ_ZWpVoKrv-ZEf5ZbMs3Q

- Fitt-in videos please follow these simple steps:

Website : <https://www.fitt-in.co.uk/>

Username : whyteleafprimary@fitt-in.co.uk

Password : WPS2020HomeUserA1F

Choose your Fitt-in video, press play and enjoy!

There is no limit to usage and so you can take part in a few videos each day.

- [Go Noodle games](#)
- [Disney dance alongs](#)
- [Cosmic Kids Yoga](#)
- [Change 4 life - Wake Up Shake Up](#)



Staying fit at home

In school, we use real PE as part of our PE lessons and children will be familiar with some of these games and activities

<https://vimeo.com/398010428>

The website address is: home.jasmineactive.com

Parent email: parent@whyteleaf-1.com

Password: **whyteleaf**



real PE at home includes an online programme which supports families to be active, play and learn together. It includes a programme specifically for children in Early Years and Key Stage 1 with 12 themes, 6 areas, over 250 activities and challenges and 1000s of hours of fun and activity. This programme is also great for family play and fun.

There are so many benefits to being active, not only to our physical wellbeing but also to our emotional and mental health, especially in such testing times for all of us. We hope that the ideas help support you and your family to stay fit and healthy in the coming months.



Daily Reading



There is still an expectation for daily reading to take place at home. Please continue to note this in the school/home contact book.

Once your child returns to school they will receive a prize and certificate if they have read daily during their isolation period.

You can read any book you have at home.

You can create a free account to access ebooks https://www.oxfordowl.co.uk/user/sign_up.html

Each child has a login on <https://connect.collins.co.uk/school/portal.aspx> to access ebooks, please enter their login (all you need to do is type in the school) Their password is their date of birth, first letter of surname and year group. E.g. 19 march N 1)





Children love having parents who are playful, fun, interested and curious about them.

Children enjoy feeling important and special and really benefit from having some individual time with parents.

Here are some creative activities that you can use with your child to support their emotional development at home.

Play releases lots of feel good chemicals that help us feel calm, steady and connected. If possible, look to do these activities for as much as 20 minutes or more each day.

Top Tips:

- Draw up a routine of what you are doing and when.
- Keep cardboard boxes or clean recycling objects to use for arts later.
- Don't worry if things go wrong - play can be fun and endings can be difficult.
- Remember - children learn hugely through play, especially with an adult they love.

Use a finger to draw a flower on your child's hand; extend this to a guessing game with older children by drawing a shape, number, pattern or creature.



Make a den with cushions, blankets, bed sheets, clothes pegs, pillows - anything soft!

Dance together: perhaps teach your child a dance you did when you were younger. Be willing to learn one from them.





Let's help every child
thrive

Do loud singing then quiet singing,
or very active movement then slow
movement eg. find your favourite
song and create a dance for it.

Use face paints together
eg. favourite animals.
After painting, wash each
other's hands or wipe the
fingers free of substance.
Or draw each other's
faces - you could even do
it with your eyes closed!

Set-up a treasure hunt:
take it in turns to hide
things for each other. Or
play hide and seek!



Show and tell

Please share any of photos of your learning with us.
year1@whyteleafeschool.org

We will need your permission to upload these as the slide will go on the website.

If you would not like your photo to go on the slides and just show your teacher, please make this clear in the email.

Please email any photos by 3:00pm on Thursday. Any photos sent after this time will go on the following week.